

Newbury Today

Latest news: Sun shines on Bayer 10k

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Sun shines on Bayer 10k Mon, June 01 2009

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Results and interview with winners of Newbury's sun-soaked Bayer 10k road race yesterday (Sunday)

NEWBURY Athletic Club's David Fry recaptured his 2008 best to just about beat the rest in Sunday's Bayer 10k after crossing the finish line and collapsing through exhaustion. Fry admitted afterwards that the searing heat, recent illness, and a packed work schedule had caught up with him at the end, but he had just enough in the tank to win the Newbury race for a second successive year. "I got tired in the end today and they were catching me but I knew I had it in the bag if I kept going," he said. "I am happy with it today, it was too hot to run better than last year and I did not care about the time as I just wanted to win," he said. "I was disappointed with the race at Kintbury last week, but I was ill in the days before with food poisoning. "I have been doing two cleaning jobs and studying six hours a day for a BTEC National Diploma in Sport so it has been tough to fit the running in. My target is to get three distinctions and go to St Mary's College in London as it is one of the best places to study sport." The 21-year-old held a lengthy advantage at the halfway point and though his rivals were closing in on him in the last 5k, his time of 35:40 was enough for victory by 19 seconds, Nick Awbery taking the runners-up spot in 35:59 with Reading Roadrunners athlete Julian Sherman just three seconds further back. Newbury AC collected the team prize with Fry followed home in fourth by Wayne Lillis (36:16), Thomas Watkins (37:04) a place further back and Mark Vardy (37:18) in sixth.

A total of 650 athletes started the race that started and finished at Market Place in the town centre with arguably the performance of the day coming from women's race winner Carolyn Craik.

The 45-year-old earned victory in her first ever 10k – and no one was more shocked than the Team Kennet athlete herself. "I get really nervous before a race and it ruins my weekend because of nerves," she said. "I have done three or four half marathons, but I have never done a 10k before and I never expected to win. I only joined Team Kennet at Christmas as I decided that I wanted to do some more serious running."

The race, started by Woolton Hill explorer Lee Farmer, who climbed Mount Everest in his first ever attempt, again raised funds for the Kingsclere-based **Sail 4 Cancer** charity thanks to another sell-out turnout.

For an interview with the winners and to watch highlights from the race, click on the 'View Video' link above.

You can also see if our photographers captured you during the race in our special Bayer Newbury 10k photo gallery. Click on the Picture Gallery link on the left.

RESULTS

- 1 939 David Fry SenM Newbury AC 0:35:40
- 2 584 Nick Awbery SenM 0:35:59
- 3 904 Julian Sherman SenM Reading RR 0:36:02
- 4 776 Wayne Lillis MV40 Newbury AC 0:36:16
- 5 491 Thomas Watkins SenM Newbury AC 0:37:04
- 6 710 Mark Vardy SenM Newbury AC 0:37:18
- 7 657 John Pembroke SenM Reading RR 0:37:19
- 8 451 Guy Watts SenM Team Kennet 0:37:25
- 9 747 Philip Coleman MV40 Newbury AC 0:38:10
- 10 797 Nick Winter SenM 0:38:15
- 11 559 James Craggs SenM Newbury AC 0:38:37
- 12 477 James Smith SenM Gade Valley Harr 0:39:08
- 13 770 David Wright MV40 Newbury AC 0:39:44
- 14 543 Alex Muir SenM Newbury AC 0:40:03
- 15 923 Simon Watson SenM Team Kennet 0:40:08
- 16 546 Nigel Hoult MV50 Reading RR 0:40:14
- 17 943 Geoff Anderson MV50 Newbury AC 0:40:47
- 18 809 Julian Hancock SenM 0:41:03
- 19 951 Alex Golding SenM Thames Valley Tri 0:41:16
- 20 375 Hefin Jones SenM 0:41:20
- 21 501 Mat Kingman SenM 0:41:23
- 22 914 Dean Makar MV40 Newbury AC 0:41:34
- 23 934 Robert Taylor MV50 Newbury AC 0:41:38

Election time
 Daniel Haman
 - Conservatives



Election time
 Caroline Lucas
 - Green Party



Election time
 Peter Skinner
 - Labour



Election time
 Sharon Bowles
 - Liberal Democrat

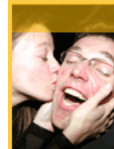


Election time
 Marta Anderson
 - UKIP



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